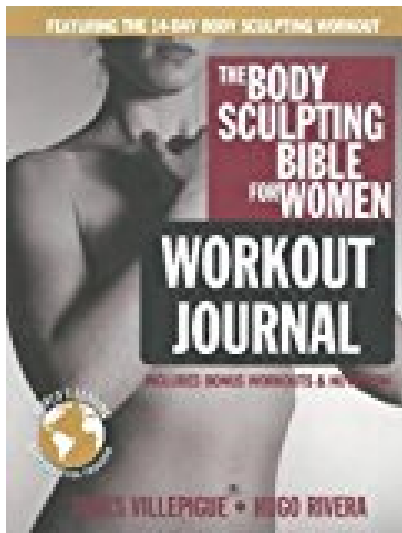


# **The Body Sculpting Bible for Women Workout Journal The Ultimate Womens Body Sculpting Series Featuring the Best Weight Training Workouts & Nutrition Plans Guaranteed to Help You Get Toned & Burn Fat**

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## **BOOK DETAILS**

- Author : James Villepigue
- Pages : 288 Pages
- Publisher : Hatherleigh Press
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## **BOOK SYNOPSIS**

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